

# CITY CLUB'S BOOT CAMP



City Club is excited to continue to offer our popular bootcamp with the existing preferred times for Members!

**GET FIT \* LOSE WEIGHT \* STAY MOTIVATED**

## Sessions Offered Monthly

Session 1: MWF 6:00 am

Session 2: MW 5:30 pm

Session 3: MTF 8:30 am

Session 4: TThF 5:30 am

3 Days Per Week: \$175/Members, \$225/Guest.

2 Days Per Week: \$150/Members, \$200/Guest.

Class size is limited, so contact Jarrid Trahan at 315-9423 to sign up.

